



# FALMOUTH LIONS CLUB NEWSLETTER November, 2010



## **“We Have A Lot To ROAR About”**

### ***President’s Message: A Season of Giving & Thanks***

*Thanksgiving Day in America is a time to offer thanks. It is a day for family gatherings and holiday meals. It is a time for turkeys, stuffing, and pumpkin pie. It is a time for Indian corn, holiday parades and giant balloons. Thanksgiving is a holiday to express thankfulness, gratitude, and appreciation for family and friends. Traditionally, it has been a time to give thanks for a bountiful harvest.*

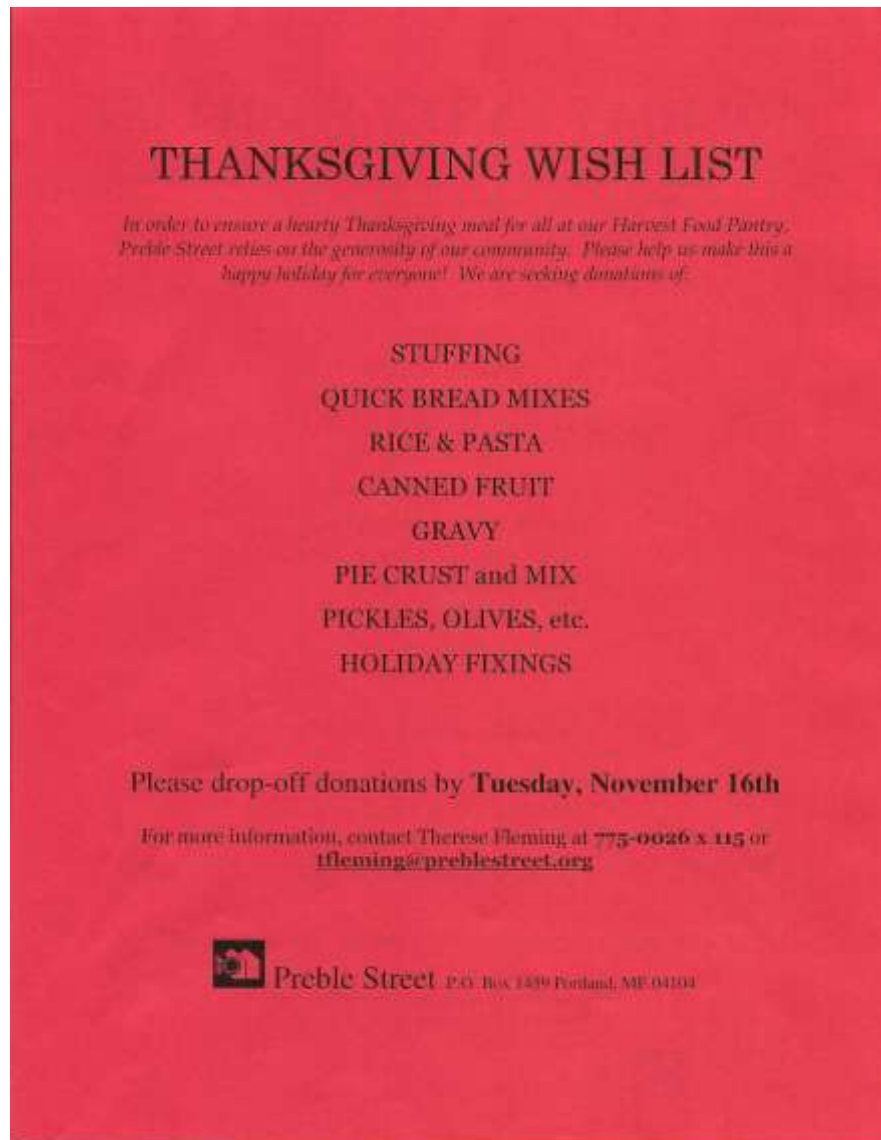
*Thanksgiving is also a time for us to share our blessings with those less fortunate. This year, as in the past, our Club will distribute Thanksgiving baskets to eight individuals and/or families in our community who are in need. Those names are given to us in confidence by Dotty Blanchette, who oversees the Falmouth Food Pantry. Dotty is no stranger to the Falmouth Lions Club. She is a long-time friend of our Club who has a keen sense for those in our community who need our assistance during these economically trying times. Dotty has the distinction of being our only Melvin Jones Fellow who is a non-member. She has earned this recognition for many years of humanitarian service to our community.*

*Our Club will purchase the Thanksgiving Baskets from Hannaford Supermarkets. According to Dotty, the Hannaford chain supports our food pantries and the Good Shephard Food Bank in Auburn. Lion Susan Shorey will oversee the distribution of the baskets. Please contact Susan if you have some time on November 24 to help with this project.*

*Thanksgiving also signals that the long, cold winter is at our doorstep. Unfortunatley, I expect many individuals will need our assistance duing the winter months ahead. This will undoubtedly place a burden on our unplanned projects budget. However, I know the Falmouth Lions are up to this challenge. We have what it takes to think of creative ways to give our project account the boost it may need.*

*May this season of Thanks and Giving fill you with pride to be a Falmouth Lion. Happy Thanksgiving to you and your family!  
Aaron*

*In addition to our Thanksgiving Baskets, members are kindly asked to bring a donation of one or more of the items below to our November 11 meeting. Your generosity will benefit those in need at the Preble Street Soup Kitchen.*




**THANKSGIVING WISH LIST**

*In order to ensure a hearty Thanksgiving meal for all at our Harvest Food Pantry, Preble Street relies on the generosity of our community. Please help us make this a happy holiday for everyone! We are seeking donations of:*

STUFFING  
QUICK BREAD MIXES  
RICE & PASTA  
CANNED FRUIT  
GRAVY  
PIE CRUST and MIX  
PICKLES, OLIVES, etc.  
HOLIDAY FIXINGS

Please drop-off donations by **Tuesday, November 16th**

For more information, contact Therese Fleming at 775-0026 x.115 or [tfleming@preblestreet.org](mailto:tfleming@preblestreet.org)

 Preble Street P.O. Box 1839 Portland, ME 04104

*Thank you to those who volunteer at the Preble Street Soup Kitchen and to our project coordinator, Lion Diane Zglobicki. The next Soup Kitchen date is Thursday, November 18.*

## *Food and More*

*Kristin Rieff, Volunteer Manger from Preble Street was speaker at our October 28 meeting.*



Preble Street

## Food Program Values

Preble Street Soup Kitchens are welcoming places where all are treated with respect and empathy.

At Preble Street, we believe that everyone in our community deserves food and shelter.

We offer nourishing meals to anyone who comes through our doors in a warm safe space where they can enjoy eating in community.

Understanding the complexities of poverty, we don't judge our hungry neighbors. And knowing that hunger is more than a physical need, we feed people as much as they like.

We know that to those who have nothing, choice around something—even the smallest portion of food—is important and is appreciated and offers dignity.

Because we know that relying on a soup kitchen is a sign of greater needs, we are also committed to staffing meal programs with professional caseworkers, who can assist people with getting the help they need, respond to crises, and prevent potential conflicts.

We welcome volunteers who share these values to help us fulfill our mission.

*I see you there  
And the sound  
of your voice  
and the surprise  
in your eyes  
and the torrent  
of words  
and the wonder  
of their lives  
and we are forever  
In that room  
where the sun dances  
through the shadows  
above the place  
where love stops  
and stays  
with them and us  
for yet awhile  
and they and you  
and me  
and all of us  
with bagel and coffee  
celebrate the mass.  
--Joe Kreisler*

*Hunger feels like pincers,  
like the bite of crabs,  
it burns, burns and has no fire.  
Hunger is a cold fire.  
Let us sit down soon to eat  
with all those who haven't eaten;  
let us spread great tablecloths,  
... from which we can all eat.  
For now I ask no more  
than the justice of eating.  
--Pablo Neruda*

# Volunteer at Preble Street

Without the help and support of volunteers daily, Preble Street could not continue to provide services to people experiencing problems with homelessness, housing, hunger, and poverty.

**Soup Kitchen.** We serve 3 meals a day, 7 days a week, 365 days a year and are always looking for volunteers to help prepare, serve and clean up at Breakfast from 7:00-10:15am and at Lunch from 10:30am-1:30pm. And we are looking for groups to sign up for 1 night a month to help serve dinner from 4:30pm-7:30pm.

**Florence House.** We need help serving lunch and dinner at our new women's center 7 days a week. Lunch volunteers are needed 10:30am-1:30pm, and dinner volunteers from 5:00-7:30pm. We are asking Florence House volunteers to make a commitment of one meal weekly for at least three months.

**Teen Meals.** We serve lunch and dinner at our Teen Center 7 days a week. Volunteers age 21 and older help prepare, serve, and clean up. Lunch volunteers are needed 10:30am-1:30pm, and dinner 5:15-7:30pm. We ask Teen Center volunteers to make a commitment of one meal weekly for at least three months.

**Food Pantry.** Every Thursday we distribute food to approximately 120 needy families. We need help 10am-12noon sorting fresh food donations. We also need help 12:45-3:30pm setting up the dining room for distribution, distributing food, and then cleaning up afterward.

**Clothing Closets.** We provide free clothing and small household items to youth and adults in need through our Clothing Closets. We need volunteers from 10am-12pm Mondays through Fridays. Volunteers help sort the donations we receive, fold clothes, restock the shelves, and keep the closets in order.

**Logan Place.** Help tenants build their community. We can find a role for you that fits your schedule—morning, afternoon, or evening. We need people to staff the front desk; facilitate game events (bingo, card tournaments, bocce, etc.); or prepare special meals for holidays or community meals.

**Office Support.** We can use help in the offices with filing and mailings on a one-time or ongoing basis.

**Special Projects/Group Activities.** We can use help with projects, such as deep cleaning the soup kitchen, stocking shelves, or setting up for special events and can sometimes create projects for groups. We welcome volunteers with special interests/talents (e.g. artists, photographers, actors, dancers, writers, yogi, etc.) to share with our clients.

**Donation Drives.** You can help raise awareness of the needs of homeless youth and adults and get others involved in food drives, fundraisers, clothing drives, or toiletry drives.

**To become a volunteer or for more information,**  
please call 775-0026, e-mail [volunteer@preblestreet.org](mailto:volunteer@preblestreet.org)  
or visit [www.preblestreet.org](http://www.preblestreet.org)

*Some Halloween Fun at our October 28 meeting!*





***Falmouth Lions Donate \$1,258.00  
For Maine's Blind & Visually Impaired!***

Our Club held two very successful White Cane Days during October. All funds raised during are given to the Maine Lions Sight and Hearing Association and are distributed to organizations who serve the needs of the blind and visually or hearing impaired people in our state.

Our Club raised \$257 at Wal-Mart; and \$222 at Shaw's. In addition, we received \$200.00 in donations from our members. Our club match was \$579, making our total donation \$1258.00!

Thank you to the following Lions who participated in this project: Rick & Linda Lajoie and Ruby, Donna Lee, Susan Shorey, Jay Nash, David Horne, Aaron Tufts, Paul Bachorik. Thank you also to Lions Don Grover and Paul Bachorik who made our new cane shape collection containers.

*Lion Rick Lajoie poses by our new sandwich board sign made by Lion Don Grover.*



*No one can resist Ruby! She did her part by attracting donors. She is pictured with Rick & Linda Lajoie (left and right); and with Nancy Tufts (center).*







*Lions Linda Lajoie and Aaron Tufts at the Falmouth Lions information table.*

The Falmouth Lions held a very successful public relations event at the polls on November 4. We gathered approximately seven names of Falmouth residents who are interested in learning more about who we are and what we do. Those names have been forwarded to our Membership Chairman, Lion Dean Frost for follow up. Two town council members thanked us for all we do for our community. It was a very positive experience for our Club. Thank you to the following Lions who took part in this project: Linda Lajoie, Donna Lee, Jay Nash, Paul & Roz Bachorik. and Aaron Tufts



*Happy Thanksgiving!*

*Aaron*