



FALMOUTH LIONS CLUB NEWSLETTER

ISSUE MONTH: November, 2005

FALMOUTH LIONS NEWS & ACTIVITIES

Lions Spend A Day At The Playground



But this time it was more than just fun and games.

Lions Ray Bell, Dave Bridges, Bill Bennett, Dean Frost, Tony Hayes and Barney Schneider spent a full day digging holes and mixing cement for the Falmouth Middle School Playground. Their days' work transformed the space into a wonderful area for the kids of Falmouth.



And A Day Supporting White Cane Day.

Lions David Horne, Susan Shorey, Aaron Tufts, Dick Winchenbach and Bill Wood collect money at Shaw's to support healthy eyesight.

On Saturday, October 15th, Falmouth Lions members collected \$144. Proceeds will be put into September's bottle collection – all of which will be donated to Maine Sight and Hearing.



Special guest speaker Dr. Cassidy addresses the club.

Local Ophthalmologist is Guest Speaker

Ensuring good vision for all people around the world is Lions' core mission. On October 27th, Dr. Bruce Cassidy, a specialist in cataract surgery, spoke to the Falmouth Lions Club. His informative presentation educated the group on causes and updated treatments for cataracts.

King Lion Aaron Tufts, a recent recipient of Dr. Cassidy's treatment for cataracts, wanted the group to be aware of the advancements that have been made in cataract removal.

Although it is still considered major surgery, people can now do it on an out-patient basis and recovery time is minimal.

As discussed during Dr. Cassidy's presentation, cataracts are mainly caused by the aging process – specifically, our eyes' years of exposure to ultraviolet light.

To try to prevent cataracts, it is important to wear sunglasses and wide-brimmed hats while in the sun.



We Serve

FOCUS ON:

Lion Phyllis Winchenbach

Reported by Donna Lee

According to our membership directory, Phyllis, age 77, has been a member of the Lions since 2005-but a lot of us know she has had a much longer relationship with the club than that. She said she was introduced to the Lions by her husband, Dick, about 15 years ago and now is more involved than ever. She felt that the highlight of her years as a Lion was serving her term as Secretary.

The Winchenbach's recently moved to a new home in Cumberland and are most pleased with the arrangement. One of the nicest pieces of the move is the fact that they now reside about one mile from their daughter, Susan, who lives in Pownal. They also have another daughter, Pam. Phyllis described their new location as warm, cozy and way less worrisome than their previous home.

Phyllis has been especially complimentary about the loyalty and support she and Dick felt when Ray, Tony and Bill were "Johnny -on-the-spot" when it came time for them to move. "They are angels." When asked if she had any "stories" about the Lions, she replied that if she did she could not remember any-what's more if she did have anything tucked away in her memory, that it was probably very positive."

Cataract Symptoms and Signs

A cataract starts out small, and at first has little effect on your vision. You may notice that your vision is blurred a little, like looking through a cloudy piece of glass or viewing an impressionist painting. A cataract may make light from the sun or a lamp seem too bright or glaring. Or you may notice when you drive at night that the oncoming headlights cause more glare than before. Colors may not appear as bright as they once did.

HALLOWEEN FUN!



Sister Susan, The Joker, Rent-a-Polly, King Lion and The Happy Flapper enjoy merriment at the Halloween Lions Meeting

The first canine lion?? Robin Hoods gets some love from Maid Marian.

HAPPY BIRTHDAY!

Bud Singer, Steven Helpand & Jim Saunders

WELCOME HOME!

Treasurer Sue Shorey's son Matthew is home on leave from Iraq for a very short two weeks. We wish him a relaxing break and thank him for serving our country!